

# SASS

Monthly Activities



Greetings Friends,

Here are the activities for SASS (Socially Active SeniorS) for **October**. SASS is open to all seniors. Church membership is not necessary. Please invite a friend!

**PICKLEBALL** Pickleball is played on Tuesdays and Thursdays in the West Campus gym from 1:30 to 3:00 pm. Accessible to all. No special equipment needed. Wear sport or tennis shoes. Come anytime but do plan to help put up or take down equipment. Requires mobility in moving about a gym floor to hit a whiffle ball back and forth over a net with a paddle. Feel free to visit and observe if you are considering taking up pickleball. We gladly welcome new players and are happy to teach the basics.

**GAME DAY** (first Wednesdays) will be held Wednesday, October 2nd, at Johnny's West, 721 Wakarusa. 12:30 for lunch from the menu and 1:30 for board or card games (you bring to share). Accessible to all. Join for part or all of the afternoon. No reservation needed.

**TUESDAY TACOS AND TEAM TRIVIA** (second Tuesdays) will be held Tuesday, October 8th, at Johnny's West, 721 Wakarusa Dr. 6 pm for dinner and 7 to 9 pm for team trivia. Accessible for all. Join in for part or all of the evening.

**LUNCH BUNCH** (fourth Mondays at 11:30) Lunch Bunch will be held on Monday, October 28th, at Set Em Up Jacks, 1800 E 23rd, Ste G. Lunch Bunch is accessible to all.

**Apology from Jane: I completely forgot to send a reminder email about Lunch Bunch in September. I also forgot to attend. I'll try to do better in the future.**

The Team - Jane Powell, Judy Grant, Sue Sallee, and Candice Ranney

SASS activities are planned for healthy and fully vaccinated individuals - men and women, singles, and couples, those who are and are not members of First Church.